



Sisters united on a journey of hope and courage.

The Portable Pink House...

What is it? Where is it?
What's it for? Look inside to find out!

Inside this issue:

| | |
|---------------------------------------|---|
| Pink House Volunteers & Donors | 2 |
| Pink House Research Center Book Drive | 2 |
| New Charlotte Retailer Supports CBF | 2 |
| Volunteer Spotlight | 2 |
| Pink in the Rink Highlights | 3 |
| Cocktails and Makeovers | 3 |
| Pink Ladies Night Out | 3 |
| The Portable Pink House | 4 |
| Upcoming Events | 4 |

Pink Boots Ball — Save the Date

On Saturday, September 18, 2010 at 6:30 pm CBF will be hosting our inaugural fundraising event, the Pink Boots Ball, at the Westin Hotel in Charlotte. All proceeds from this event will go to fund the Pink House and programs for breast cancer survivors.

The Pink Boots Ball was the dream of our founder, Kristy Adams-Ebel. The Pink Boots Ball is designed to raise awareness of the Pink House and Carolina

Breast Friends, tell Kristy Adams-Ebel's story and raise needed funds for the Pink



House and Pink House programming.

The event will feature entertainment by the Super Grit band and will include a silent

auction. Dress is cocktail attire.

A Pink Boots Ball planning committee has been hard at work developing the event. Invitations and sponsorship packages will go out soon. If you are interested in volunteering, sponsoring the event or providing a silent auction item, please contact cbf@carolinabreastfriends.org. Tickets will be available for purchase online soon.

CBF Selected as eWomenNetwork Grant Recipient

CBF has been selected as a 2010 recipient of a eWomenNetwork Foundation grant. The grant includes a \$6,000 cash award that will be used to purchase materials and supplies for

the Pink House research library and fitness program. In addition to the cash award the grant also includes participation for a CBF representative at the eWomenNetwork an-

nual conference in Dallas, Texas. We are pleased to announce that CBF Membership Director Pam Darnell will be representing CBF at the conference in July.

Pink House Volunteers & Donors

Since the purchase of the Pink House in January of this year, CBF has been contacted by many individuals and businesses who have volunteered their time and made significant contributions to the upcoming renovation projects. In each issue of our newsletter we'll high-



light a few of these wonderful supporters:

- **United Security of America, Inc.**
- **Brenda Dunaway**
- **APCO Sign Systems**
- **Gene Phipps**
- **Griffin Masonry**
- **Metropolitan**
- **Jennifer Sherrel**
- **JE Dunn**

CBF also thanks **Carol Ann McLamb** for her efforts in arranging the donated security system, kitchen cabinets, and kitchen appliances.

Pink House Research Center Book Drive

One of the many new services that will be available in the Pink House for breast cancer survivors will be a **Library and Computer Research Center**. The research center will feature print and electronic resources for researching diagnoses, treatment options, alternative medicine options, and more.

To fill the research center we will need books, books, and more books! If

you have books about breast cancer, fitness, nutrition, or books that are inspirational or motivational please consider donating them to CBF for the research library.

Books may be dropped off at the Pink House during any monthly membership meeting. Other drop off times can be arranged by contacting cbf@carolinabreastfriends.org.

New Charlotte Retailer Supports CBF

The Gifted Box, a new boutique-styled gallery and gift shop in Charlotte, has announced that it will donate one dollar to CBF for every item purchased.

The Gifted Box is located on 342 Circle Avenue in Charlotte (behind the Buttercup) and features home décor, jewelry, keepsakes, corporate gifts, wedding gifts and

more.

In addition to making ongoing contributions to CBF, store owner Rene Hellams has also joined the Pink Boots Ball planning com-

mittee to help organize the silent auction. Learn more at www.thegiftedbox.com, or better yet, stop by the store.



Volunteer Spotlight

Katie Mattson has recently joined CBF as an active volunteer helping the CBF Board with planning, working on the Pink Boots Ball Planning Committee, and volunteering her design services.

Katie Mattson is a veteran graphic designer,

coach and adventurer. She's worked with solo entrepreneurs, corporations, small business owners, career shifters and more. In 2009, Katie co-founded the Social Media Works event for entrepreneurs. She has a BFA in graphic design from James Madison University, a coaching certificate

from Coach University, an ACC certification from the International Coach Federation and is a member of the International Coach Federation's global and local chapters.

In her spare time, Katie loves to hike and rock climb.

Pink in the Rink Highlights

The Charlotte Checkers and CBF volunteers raised more than \$8,000 for CBF this year as a result of February's Pink in the Rink game. CBF received proceeds from t-shirt sales at pre-games and during Pink in the Rink, ticket sales, and the auction of player's shirts following the game.

CBF member **Allison**

Stanley sang the National Anthem and **Pamela McGee, Debbi Ray, Dahlia Haddad, Janet Ligon, Michelle Nolan, and Joleen Stephan**

danced on the ice with the Check Mates.



Cocktails & Makeovers

On February 23, 2010, Carolina Breast Friends and **Neiman Marcus** partnered together for their fundraiser "Cocktails & Makeovers" to kick off their Spring Beauty Event. Guests were asked to make an in-kind donation to Carolina Breast Friends and received a silver clutch with

essentials from Neiman Marcus.

The evening was full of excitement with the announcement of the new "project Pink House" as well as previewing the beauty bag and enjoying cocktails and makeovers from the Neiman Marcus Beauty Team who all wore pink as a tribute to

Carolina Breast Friends and the Pink House.

The event went off with out a hitch and that evening they were able to raise over \$1,000.00 from in-kind donations. Thank you to the CBF Board and members and to Neiman Marcus for making the event a success!

Pink Ladies Night Out

In addition to our regular monthly meetings (held on the 2nd Tuesday of each month) CBF member and volunteer Linda Henry has organized a series of social events for breast cancer survivors. Providing encouragement and friendship for all sur-

vivors in the Charlotte area are two essential components of CBF's mission. These new social events, Pink Ladies Night Out, will be held on the 4th Wednesday of each month and are designed to offer opportunities to have fun and build

friendships in a social setting. See the Upcoming Events tab at www.carolinabreastfriends.org for information on dates, times and locations for Pink Ladies Night Out events and send your event suggestions to henrylinda55@aol.com.

The Portable Pink House



As part of its “Think pink, build blue!” campaign JE Dunn Construction has partnered with CBF to bring you the Portable Pink House. This house will be traveling to many of your favorite locations throughout the Charlotte area to help make CBF’s project Pink House a reality.

Where will the Portable Pink House be? It may show up anywhere in your area! Your favorite restaurant, bar, event, or even street corner. Starting this June, keep your eyes and ears peeled for this new little iconic piece of Charlotte, aimed at raising money for CBF. Mini pink houses will be located within participating establishments for donations and 100% of all donations will go straight to CBF.

A kick-off party for the Portable Pink House event will be held at the **Black Bear Saloon** and **NC Music Factory** on Tuesday, June 29th. Heavy hors d’oeuvres and a cash bar will be available. Check the events tab on the CBF web site, more details will be posted soon.

Take a snapshot of yourself with the Portable Pink House and tag Carolina Breast Friends on Facebook for a chance to win funniest portapicture!



Upcoming Events



All breast cancer survivors are welcome to attend CBF events. Whether you have just been diagnosed, are dealing with a recurrence, or if you are a long-term survivor there is something you can gain from, and give to, CBF.

June 23—Pink Ladies Night Out at Brio

July 13—Monthly meeting—Social time and preparation for the Pink Boots Ball

July 28—Pink Ladies Night Out

Aug. 10—Monthly meeting—Yoga with Shannon Carney

Aug. 25—Pink Ladies Night Out

Sept. 14—Membership meeting topic to be announced

Sept. 22—Pink Ladies Night Out

Oct. 20—Join CBF’s team in the Komen Race for the Cure

Oct. 12—Monthly meeting—Jewelry Making

Oct. 27—Pink Ladies Night Out

Nov. 9—Monthly meeting—Thankful Feast

Dec. 14—Monthly meeting—Annual Holiday Gift Exchange

For updated information and other details please visit: http://www.carolinabreastfriends.org/upcoming_events.php.